

# Dream Gymnastics Academy Class Schedule

801-231-3838

5564 Van Winkle Express Way

www.dgautah.com

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>P R E S C H O O L</b>	Little Tots (1-3 yrs)		11		10		10
	Little Dreamers (3-4 yrs)		12	11	11		10
	Dreamers (4-5 yrs)		11	12	10		9
	Hot Shots* (3-5 yrs)			10			

<b>R E C  G I R L S</b>	Beginning ( 5 yrs+)	4	5:15	4, 5:15	4		9
	Beginning (9 yrs+)			6:30			
	Intermediate		6:30	5:15	5:15		
	Advanced*	6:30-8		6:30-8			

<b>T U M B L I N G  &amp;</b>	Learn to Flip (6 yrs+)	5:15	4, 5:15	4, 6:30	5:15		11
	Flip 2	4	6:30-8	5:15-6:45	6:30-8		
	Flip 3*	6-8	4-6	7-9	4-6	5-7	
	Elite Flip*		6-8		6:30-8:30		
	Cheer Basics (ages 5-8)						
	Learn to Cheer (ages 8 & up)						
	Advanced Cheer	6:30-8					

<b>G R A D U I T Y</b>	Beginning TnT (5 yrs +)	4	5:15		1, 4		
	Intermediate TnT	5:15	5:15		5:15		
	Edge I (8 yrs +)				6:30		
	Edge II		6:30				
	Edge Tumble (7 yrs +)		4				

<b>O P E N  G Y M</b>	Preschool (1-5 yrs)				12		11
	Rec (5 yrs +)					7-8:30	

\*requires skill evaluation or invite by DGA staff